

WIRRAL COUNCIL

FAMILIES AND WELL-BEING SCRUTINY COMMITTEE

9TH SEPTEMBER 2013

SUBJECT:	CHESHIRE AND WIRRAL PARTNERSHIP NHS FOUNDATION TRUST (CWP) COMMUNITY MENTAL HEALTH SERVICE REDESIGN
WARD/S AFFECTED:	ALL
REPORT OF:	CHESHIRE AND WIRRAL PARTNERSHIP NHS FOUNDATION TRUST (CWP)
KEY DECISION? <i>(Defined in paragraph 13.3 of Article 13 'Decision Making' in the Council's Constitution.)</i>	NO

1.0 EXECUTIVE SUMMARY

This report is to brief committee members on the Cheshire and Wirral Partnership NHS Foundation Trust (CWP) implementation of the Community Mental Health Service Redesign.

2.0 BACKGROUND AND KEY ISSUES

2.1 This briefing provides an update on the implementation of the "Stepped Approach to Recovery" (StAR) within CWP.

Following a period of consultation on the proposed changes to CWP community mental health teams, the agreed model (StAR) was implemented on 29th May 2013.

The agreed changes have been supported by detailed transition, implementation and evaluation plans, which are monitored within CWP's governance framework, with a detailed report to be completed 12 months post implementation.

The identified benefits of the model were to:

- Improve access to services
- Enhancing the focus on recovery
- Make more effective use of staff resources

Improve Access to Services

The development and implementation of the Access service allows for a single point of access into adult mental health services, resulting in a single assessment process, reducing multiple assessments and allowing the appropriate signposting to other services thus ensuring that service users receive “the right care, at the right time by the right person”.

Focus on Recovery (and well-being)

The stepped approach to recovery allows for a more flexible response to individual need and care planned and delivered accordingly. The service user is easily stepped up or down between the recovery component of the team, where service users with complex needs are supported under enhanced CPA, and the review team where the focus is on enabling the individual to manage their mental health, stay well and move on in their recovery. The development of health and wellbeing and recovery education hubs is being rolled out across the service following pilots of the service which demonstrated positive outcomes for patients.

Effective Use of Staff Resources

Staff skills have been matched to the needs of service users, thus allowing for the development of nurse-led clinics, new ways of working, increased practical support and a focus on health and wellbeing. New roles have been introduced in collaboration with non-statutory services and further developments are planned with other NHS providers.

The Community Mental Health Teams continue to operate within the Care Programme Approach (CPA)

3.0 RELEVANT RISKS

3.1 There have been comprehensive impact assessments undertaken including an Equality Impact Assessment. These have been used to inform the evaluation process put in place to monitor the changes.

5.0 CONSULTATION

5.1 As part of the consultation process, between September 2012 and December 2012, CWP held six public meetings and three additional drop-in sessions across Cheshire and Wirral with over 200 people in attendance. 3,000 hard copies of the consultation document were distributed with information on the consultation sent to local GP Patient Participation Groups, voluntary and community sector organisations, over 15,000 Foundation Trust members and a personal letter and factsheet sent or given to all service users potentially affected by the change.

As well as giving people the chance to express their opinions on the proposals via a wide variety of events and meetings, a questionnaire was also produced with the 239 responses independently analysed by Liverpool University. The results are available within a consultation outcome report available on CWP's website www.cwp.nhs.uk and this was shared with Trust Board in December 2012 and concerns raised form part of the evaluation framework.

6.0 IMPLICATIONS FOR VOLUNTARY, COMMUNITY AND FAITH GROUPS

6.1 CWP work in close collaboration with a wide range of community groups and actively seek opportunities for stronger partnerships. A jointly commissioned piece of work between Public Health on Wirral and CWP on the ABCD approach to community connections and understanding community assets is being undertaken. This will help with connecting people with mental health problems into the communities in which they live enabling community participation and individual growth and sustainability around well being.

7.0 RESOURCE IMPLICATIONS: FINANCIAL; IT; STAFFING; AND ASSETS

7.1 The review and subsequent implementation of StAR forms part of the NHS efficiency saving requirements, of which the Trust has to achieve over £13m of savings over the next three years. The review of the community mental health service is part of this process and was in keeping with CWP's earlier consultation where we support was received for redesigning care pathways and new ways of working (for example nurse-led clinics) in our public consultation in 2010: *"Developing high quality services through efficient design."*

8.0 LEGAL IMPLICATIONS

8.1 None

9.0 EQUALITIES IMPLICATIONS

9.1 Completed as part of the initial proposals.

10.0 CARBON REDUCTION IMPLICATIONS

10.1 None

11.0 PLANNING AND COMMUNITY SAFETY IMPLICATIONS

11.1 None

12.0 RECOMMENDATION/S

12.1 That committee members note the report and comment on CWP's implementation of StAR.

SUBJECT HISTORY (last 3 years)

Council Meeting	Date
Health and Well-being Overview and Scrutiny Committee	10th September 2012